

Spring 2009 IFTSA Central Atlantic

Maryland - This past November, equipped with hot chocolate, we provided club members with the exciting opportunity to temper chocolate and make their own chocolate truffles of over 10 varieties and shapes! Ana Aguado, our very own graduate student, is a pastry chef and led the activity teaching students about chocolate and chocolate tempering.



With Ana's help the club put together a fundraiser where we made and sold an assortment of gourmet holiday cookies consisting of ginger snap, chocolate crackle cookie, sugar cookies half dipped in chocolate, and butter cookies with a strawberry center. These holiday cookies were sold by the dozen to faculty and staff of the College of Agriculture and Natural Resources. We ended up baking almost 800 cookies!



We kicked off the first meeting of the Spring semester with a Club Potluck & Social. Members showed off their culinary skills and introduced us to a range of international foods. Jalapeno cornbread, coke chicken, beef biryani, spaghetti pie, grilled pork and shrimp spring rolls, and shahi rasgulla were just a few of the phenomenal dishes presented. We are looking forward to a great semester full of great speakers, interesting activities, and volunteering.

We have the privilege of hosting this year's IFTSA Area Meeting and College Bowl and we can assure some more fun events for our food science student members.

Go Terps!



Virginia Tech – The club held several successful fundraisers for the year and as shown by the pictures, had a great time in the process. Who can resist beef jerky or a can of love for your sweetie on Valentine's Day?



Delaware Valley – This year, our club discovered a newfound interest in IFTSA. As an atypical Food Science program, our program includes focus on foodservice as well. We are excited to become further involved in IFT/IFTSA and look

forward to great opportunities to come. As you can see from the chef gear, we LOVE to cook! We had the opportunity to cater our college's homecoming and performed several kitchen experiments throughout the community.





NC State

A major reason for the opportunities afforded the students of the NCSU FS club is our annual ice cream fundraiser during the State Fair. Not only does this event allow our club to partially fund students to attend the annual IFT meeting in addition to all the other activities that we plan but this year introduced 2 unique ways to enrich the future of our department. Not only did the club start its own scholarship endowment but we were able to contribute to an endowment created to honor Dr.

Lynn and Beth Turner. They have been a staple of our department and all student clubs within the College of Ag and Life Sciences, not just Food Science. Even though his “retirement” doesn’t seem to have taken hold just yet, he will be missed!



Each year, the club plays a large role in the NC Science Olympiad. Sharon Ramsey, a staff member of our department, coordinates the food science program for the entire state. This year’s focus was on product development. In addition to a written test, each food science team was challenged to produce their own cookies complete with a lab notebook tracking their experiments, nutrition labels, and complete packaging—we now advise not to use spray paint on the outside of baked goods. ☺ Our students traveled all over the state to set up experiments and testing materials, taste and rate cookies and packaging, and clean up. This was an all-day task and some of us have surely had our fill of cookies for at least a couple months...weeks...well, at least a couple days. All in all, NC Science Olympiad involved nearly 400 teams and more than 7000 children!



College bowl

The 2009 Central Atlantic college bowl was hosted by the University of Maryland. I believe the unanimous consent is that Maryland did a fantastic job planning for a great weekend. NC State emerged victorious but fun was had by all. The weekend included an internationally-themed dinner followed by a couple hours of pool and bowling at the student center. Following the competition, students spent a few hours sight-



seeing in Washington DC. A restaurant crawl in DC's Gallery Place region including 4 restaurants was the focus of Saturday evening. Nothing beats tasty food and drink with friends to cap off the weekend.