

IFTSA SOUTHEAST AREA NEWSLETTER



Area Representative's Message

Greetings, Fellow Food Scientists!

This is David Asiamah, your 2009-2010 Southeast Area Representative. I hope everyone is having a wonderful semester. This year, our area meeting and regional College Bowl Competition will be hosted by the Alabama A&M University chapter, in Huntsville on March 26-27th. We are looking forward to a fun-filled event.

Congratulations to all the chapters for the wonderful work you have done in your respective schools to advance the science of food and promote the Food Science profession. There has been a lot going on this year: the Alabama A&M University chapter participated in the "Bulldog Pride" campus-clean up event, delivered canned foods and clothes to the Salvation Army and the Downtown Rescue Mission, and sponsored two children for the Salvation Army's Angel Tree event; the Clemson University chapter volunteered with the "Meals on Wheels" program of Anderson, SC, and the "Local Crop Walk"; the Tigers Chapter (LSU) delivered 200 peanut butter and jelly sandwiches to the homeless in Baton Rouge; the Gator Chapter (UF) participated in the Alachua County Heart walk and donated over \$500 to the American Heart Association; the University of Georgia chapter organized a can and toy drive and participated in the local Home & Garden Art Auction to raise funds for Habitat for Humanity; the Mississippi State University chapter had a Bully Box Project, where over 600 boxes filled with MSU cheese, ham, and muscadine jellies were sold; the University of Puerto Rico-Mayaguez chapter organized a product development competition sponsored by Goya and a good interviewing skills workshop sponsored by Kraft Foods.

I am proud and honored to be a part of such a vibrant and energetic IFTSA Area. Wonderful job guys and keep shining!!!

David K. Asiamah

2009-2010 IFTSA Southeast Area Representative

Regional College Bowl

Location: Alabama A&M University, Huntsville

Date: 26-27th March 2010.

Hotel Information: Holiday Inn (Research Park)

5930 University Drive
Huntsville, Alabama 35806
Phone: 256-830-0600
800-845-7275
Fax: 256-830-9848

Please use the tracking code CBC or identify yourself as a participant of the IFTSA Southeast Area College Bowl Competition. Please make your reservations by *March 12, 2010* to get the discounted rate of \$89.

Participating Teams:

Alabama A&M University
Clemson University
Louisiana State University
Mississippi State University
University of Florida
University of Georgia

Schedule of Events:

Friday

Arrival and check-in to hotels

6:00pm - Dinner and tour at the Huntsville Marshall Space Flight and Rocket Center (NASA)

Saturday

8:30 am - Breakfast/ Tour of Department (Agricultural Research Building)

9:30 am - Welcome and introductions

9:45 am - College Bowl Competition Begins

12:30 pm - Lunch

1:15 pm - College Bowl Competition Resumes

4:00 pm - Concluding remarks

4:15 pm - Area Meeting

6:30 pm - Dinner (at Bridge Street Town Center)

Sunday

Departure and hotel check out. THANK YOU & have a safe trip home!!!

Chapter Updates

Alabama A&M University

The Food and Animal Science at Alabama A&M University has hit the ground running for the fall 2009 semester. On November 21, 2009 Alabama A&M hosted their annual High School Senior Day. This event show cases all of the different majors that Alabama A&M has to offer and, allows High School Seniors from all over the country to acquire more insight into what area they would most like to study in college. The Food Science Department had the largest turnout of faculty, staff, and student volunteers. In December of 2009 David Asiamah, Belinda Kanda, Leslie Johnson, and Lauren Mounts competed as a team in The Research Chef's Association product development competition. This experience offered great insight into all the labor that goes into developing a new product. Also in November of 2009 our chapter began selling Otis Spunkmeyer Cookie's to students on the campus in order to raise funds. This ongoing Fundraiser has been a great success for our chapter, and in the future the chapter plans to expand the fundraiser. As a chapter we also visited the Coca Cola Museum in Atlanta, Georgia. This tour offered history, and insight into the production of various Coca Cola products. The museum was also the location of the Southeastern Sectional meeting. There, senior Lauren Mounts and David Asiamah were awarded the Southeastern Section outstanding student leadership awards.

On November 30, 2009 the Food Science Club hosted its annual Thanksgiving, Christmas, and graduation party. This year because of scheduling conflicts we decided to host all three events on the same day. There were an array of dishes brought by members of the Food Science Club, and special gifts were given to all of the graduating seniors. The party was a huge success filled with music and an abundance of food. For Christmas our chapter adopted two children from under privileged families and provided them with Christmas gifts. For two days in January 2010 Alabama A&M University hosted a monster truck show at our Agribition Center. As a fundraiser we collected parking fees for the event. The fundraiser was very successful, and there are more upcoming events in February 2010. The Food Science Club at Alabama A&M University is very excited about the upcoming semester.

Alexander McGowan

Chapter President



Clemson University

Recently, the Clemson University Food Science and Human Nutrition Club has worked to build membership, while pursuing a variety of activities. At our regular meetings every two weeks, student representatives from the IFT, RCA, ADA organizations keep club members informed with news updates. Also, the Clemson University College Bowl team is once again busy preparing for the upcoming annual competition. Throughout the fall semester, community service and fundraising were two main focuses of our club. Members volunteered at benefit events for organizations, including the Meals on Wheels Program of Anderson, SC, and the local Crop Walk. This fall, Clemson University began to hold a monthly farmer's market, and our club participated with a booth selling a range of baked goods.

During the spring semester, the club plans to continue our community service efforts. Currently, our schedule includes volunteering at an upcoming Meals on Wheels benefit event and volunteering at a local food bank. Last spring, the club held a successful food drive on campus to benefit the food bank. The Food Science and Human Nutrition Club will also have a team in the annual Relay for Life event held in April at Clemson University. Throughout the spring semester, a portion of the proceeds from our ongoing sale of food science and human nutrition bumper stickers will be donated to Relay for Life. Many club members have enjoyed volunteering at community service events and working together at fundraisers. Therefore, we hope to participate in similar activities, as the Food Science and Human Nutrition Club continues to plan for the future.

Danielle Lynn

Chapter President

Louisiana State University

During the first half of the 2009-2010 academic year the LSU Food Science Club (approx. 60 members) has been involved in community service, outreach events, professional development meetings, socials and a plant tour.

August 11th 2009 was the date of our club's first event (summer potluck lunch), where students, faculty and staff attended. Our first community service events took place on August 12th and 26th 2009. Members of the food science club made 200 peanut butter and jelly sandwiches that were delivered to the homeless in Baton Rouge, LA. This was a great way to give back to the community.

The first meeting of the fall took place on September 3rd 2009. The meeting was a pizza social. Students got to mingle among themselves and with faculty & staff; we got to meet new members. Great door prizes were given out and everyone had a great time.

Members of the club participated in several outreach events whose main purpose was new member recruitment and create exposure for the food science club and the field of food science. On September 2nd members participated in the student organization fair, on the 3rd in the college of agriculture residential hall organization fair, on the 22nd in the College of Agriculture Organizations' presentations, on October 7th in the College of Agriculture Burger Bash, and on October 9th Fall Fest.

On September 17th 2009 we had a professional development meeting. We had the Quality Assurance Manager (Maria Pfister- an LSU FDSC Alumni) from Flower's Inc. (Baton Rouge Plant) talk about the company and give a presentation about the QA area. Also, a representative from Leprino Foods talked about their company and the internship opportunities available. After the presentations cold cuts were available for the members to try with many of the different kinds of breads made by Flower's Inc.

Approximately 20 members of the club gathered on Saturday September 26th 2009 to volunteer as builders for Habitat for Humanity. This was a great experience for those of us who participated since there is nothing more rewarding than to help others. We would recommend this activity to others because through-out the days' interaction the members got to know each other better and it highlighted teamwork.

The food engineering students, faculty, and staff sponsored a potluck lunch on October 16th 2009. They cooked mouth-watering dishes from their home countries, among which we had main dishes and desserts from China, Sri Lanka, India, Guatemala, and Honduras, to name a few. The decoration for this event was Halloween themed in observance of the upcoming American traditional holiday and themed door prizes were given.

As part of community outreach the club participated once again in the annual Super Science Saturday on October 17th, 2009. This is an annual event where representatives of student groups, local companies, and scientific organizations conduct simple, fun experiments with the children. We participated with three demonstrations: Food Chemistry (how to make gummy worms), Sensory Evaluation (regular Oreo vs. reduced-fat Oreo taste test), Food Safety (how well do you wash your hands?).

On Wednesday October 21st, 27 members of the Food Science Club attended a plant tour. The destination was Ponchatoula, Louisiana to tour Elmer's Candy facilities, a New Orleans original since 1855. They are specialists in boxed candy controlling 70% of this market nationwide. Their specialties are Valentine's Day boxed chocolates here in the Gulf Coast they are better known for their delicious Easter favorites: Gold Brick, Heavenly Hash and Pecan eggs treats. The activities started with an overview of the company where we were able to try their staple boxed chocolate pieces such as creamy caramel and strawberry cream. This presentation was followed by a tour of the production facilities and ended with a delicious reward: boxes of chocolate!

The 2009-2010 officers started a tradition this year: an annual tailgate during one of the LSU football home games. This year's tailgate was during the homecoming game day, November 14th 2009. Our tent was set outside the food science building which is conveniently located in the homecoming parade route so the members were able to enjoy the traditional parade up close. We had many tailgating favorites like hotdogs, chips, salads, and desserts.

Our annual Thanksgiving/Christmas dinner took place at the Nelson Memorial Hall on Monday November 30th 2009. The majority of the members attended along with faculty, staff and special guests. Everyone enjoyed the traditional turkey and gravy along with countless tasty dishes prepared by those who attended. The decoration for this event was Christmas themed due to it being the upcoming holiday. All the

decorations were given out as door prizes along with Santa hats, reindeer antlers, giant candy canes and many other holiday themed objects. There was also a homemade desserts' contest, the crowds favorite because they get to try all the desserts without any guilt!

Karen Garcia

Chapter President



Mississippi State University

As for the club, we had a great fall semester with our Bully Box Project, selling over 600 boxes with MSU cheese, ham, and red or white muscadine jelly. The club has also helped the Food Science, Nutrition and Health Promotion department with their joint tailgate with the Animal and Dairy Science department at the MSU-LSU football game. Currently, we have a few speakers from industry set up to speak with the chapter, and the college bowl team is busy practicing for the upcoming area meeting.

Emily Bradley

Chapter President



University of Florida

The club of Food Science and Human Nutrition kicked off the year with a successful first meeting, tabling events, Kraft presentation, fundraisers for the American Heart Association, and a great turn out at the Heart Walk by American Heart Association.

The first FSHN meeting was very informative, introduced the officers, explained all the different activities by the club, presented upcoming events and engaged new students into becoming members.

The Food Science and Human Nutrition Club also participated in two tabling events this far: one at the University of Florida Organization Fair, and the other at the Pre-Health Organization Fair.

Following the first meeting and tabling events, the Food Science and Human Nutrition Club presented Kraft at UF. The presentation about Kraft included all information related to company structure and environment, job positions, career experiences especially in product development, and internship opportunities. It was a success; the presenters gave out Kraft products, and offered pizza to 70 students who attended the event.

Part of this month community service activities of the Food Science & Human Nutrition Club was the Alachua County Heart Walk on October 3rd at 9am at the Health Park. About 20 of our members came out to support for the walk. In addition to walking in support of this cause, FSHN also raised money and donated it to the American Heart Association to further research and education about cardiovascular disease and stroke in America. FSHN raised \$475 from personal donations and over \$60 from fundraisers with D'Lites Ice Cream Emporium and Tropical Smoothie Cafe. Altogether, the heart walk and fundraisers were a success -- reaching our goal of raising \$500 and having at least 20 participants.

Morvarid "Momo" Fallahzadeh
Chapter President



University of Georgia - Athens

UGA's Food Science Club has been having a great year! Our officers have transitioned into their positions smoothly and everyone in the club has been helping out and volunteering their time. We kicked the year off at the Fall Activities Fair at UGA, promoting the club and our major. In November, we held a massive Krystal Burger Eating Competition. We had 6 strong competitors and the winner, Shawn Lyons went home with a \$40 cash prize! (Pictures are attached). The remaining burgers were passed out to the needy in Athens. During Thanksgiving, our community service chair, Jaime Joseph, organized a canned food drive and for Christmas, she organized a toy drive. The club also participated in a local Home & Garden Art Auction to raise money for Habitat for Humanity. In December, a departmental Holiday Potluck Party was held where our undergrads, graduate students, and professors were all invited to attend. It was full of great food and fun, especially with our White Elephant Gift Exchange. Recently, the club enjoyed a social bowling outing to Kingpins Bowl and Brew. Our club recently participated in the Winter Activities Fair and is scheduled to participate in "Ag Day" at UGA. Our members

competed to win in our annual T-shirt competition and the winner Amudhan Ponrajan received a \$20 cash prize! Last week, we held a social Sunday Football/Movie night complete with pizza and wings. Currently, we've initiated a PR campaign to get our club members to know the executive Food Science Club board on a more personal level by posting flyers with pictures and short bios around our building. So far the year has been great, and we expect more to come!

Ashley Hart

Chapter President



University of Puerto Rico - Mayaguez

The Graduate Student's Association of Food Science and Technology in Puerto Rico, has led two important activities during the Annual Job Fair in The University of Puerto Rico, Mayaguez Campus, on September. We organized a presentation of USDA and the job opportunities that they present. It helped as a guide for students who want to pursue a career with the US government. Also, to provide a good guidance on how to carry on a good job interview, a workshop in collaboration with Kraft Foods was organized. We had the participation of 25 people including students of Chemical Engineering, Biotechnology and Agriculture. The Graduate Student's Association of Food Science and Technology in Puerto Rico, also organized the Sixth Competition of Product Development. This activity was organized on December and we had the participation of undergraduate and graduate students of the Department of Agricultural Sciences. Each course had the opportunity of compete with one or more new products and each course was granted with prizes. This activity was sponsored by Goya, and we count with the presence of managers and businessmen of the food industry as judges. The product that won the innovation prize was a cereal made of coconut and wheat flour.

Maria Jose Perez Gonzalez

Chapter President

