



**IOWA REGIONAL SECTION  
INSTITUTE OF FOOD TECHNOLOGISTS  
November 2005 Newsletter**

THE PROFESSIONAL SOCIETY OF FOOD TECHNOLOGIST

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- \*\* Reminder to Renew your IFT Membership
- \*\* MFPC—November 8, 2005
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**Meeting Dates and Locations for 2005-2006  
~~~Mark Your Calendars~~~**

November 8, 2005—Midwest Food Processors Conference- Chicago, IL  
Web site for more information-- <http://www.mfpc.info/index.htm>

November 17, 2005—Jasper Winery and Okoboji Grill- *Newton, Iowa*

February 16, 2006—Tentatively *Amana, Iowa*

April 20, 2006 – Suppliers Night – Awards Night – Student Night- Clarion Hotel and Convention Center in Cedar Rapids

June 24-28, 2006 – National IFT Meeting – Orlando, Florida

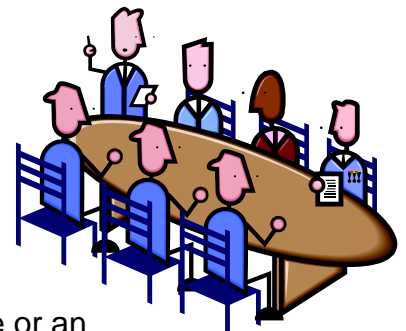
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**CALL FOR NOMINATIONS**

Want to get involved? How about serving on the executive council or on a committee?

Nomination for these positions will be called for at the February 16, 2006 meeting.

Positions include Program Chair, Secretary, Councilor and Alternate Councilor, Committee Assignments and others. Contact a Mark Love or an executive committee member if you are interested!!!



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## MEMBERSHIP RENEWAL REMINDER

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If you have not already-- you should be receiving your National IFT Membership Renewal forms in the mail or have been sent an email. If you are an Iowa Section IFT member- thanks for your support and participation. Be sure to renew your Iowa Section membership with your national renewal.

If you are not an Iowa Section member—let this be your invitation to join!!! On your renewal form, check under the heading **Regional IFT Section Membership Dues** to sign up to be an Iowa Section Member. We are the Iowa Section and are section number 13. Dues are \$12 for Members and \$2 for Students.

As you can see thorough our newsletter and webpage we are an active group. We host four meetings throughout the year (February, April, September and November) that include a tour, meal and program; are part of the planning committee for the Midwest Food Processing Conference; serve as judges at area junior and high school science fairs; provide scholarships to food science students and support student activities; hold a Suppliers Night every other year, and the list goes on . . .

The web address for National IFT membership renewal is:  
<https://members.ift.org/IFT/Member/RenewYourMembership/>

OR

Renew by Phone -Contact IFT Central Department, 8:30 AM - 4:45 PM Central Time  
800-438-3663 (U.S. & Canada) or 312-782-8424

When doing your renewal, please be sure to check all your contact information and include your email address if you have one. As with all communications—we are going to emailing more often. We will continue to send postcards for meeting announcements and send paper copies of the newsletter to those who do not have an email. Thanks!



### Iowa Section IFT Suppliers' Night

The Iowa Section IFT Suppliers' Night will be held April 20, 2006 at the Clarion Hotel and Convention Center in Cedar Rapids. Iowa State University Extension will conduct a seminar at the same location on that date as well. Section members are strongly encouraged to participate in both activities. Companies interested in exhibiting at the show should contact Bob Bahn at [bahnbob@grainprocessing.com](mailto:bahnbob@grainprocessing.com) or Dave Raife at [daveraife@aol.com](mailto:daveraife@aol.com).



**SAVE THE DATE!**

**Twenty-Fourth Midwest Food Processing Conference**

**What in the World is for Dinner?  
*Cultural, Ethnic, Global, and Regional Influences.***

**When:**

Tuesday, November 8, 2005

**Where:**

Sofitel Chicago O'Hare Hotel  
North River Road  
Rosemont, IL

**Registration:**

\$249 Early Bird (includes all meals, breaks and printed materials)

**Hotel Sofitel Rooms:**

\$139 for single, \$159 for double - Call Hotel Sofitel directly for the MFPC 2005 rate: 847- 678-4488.

Please mention MFPC when making you room reservations.

**Culinary Challenge:** November 7th, 4-5 Teams of Food Technologists and Research Chefs. The focus is ingredient application and performance.

The Chicago Section IFT Suppliers Night event will follow on November 9th, just across the street.

**Register by November 1st for Discounted Rates!**

To Register go to <http://www.mfpc.info/>



## IOWA STATE FOOD SCIENCE CLUB NEWS

The Iowa State University Food Science Club along with the Nutrition Club will be having a Silent Auction on Friday, December 2, 2005 (Friday) at 5:30pm. This joint activity will be a fundraiser for both clubs. Donations for items to auctions are still being accepted and are much appreciated. Suggested items include – golf balls, shirts, mugs, hats, and the like—imprinted with your company logo, Iowa State Cyclone items, etc. Please contact Ean-Chee Ng via email at [eanche@iastate.edu](mailto:eanche@iastate.edu) or by phone at (515)-231-4844. Thanks for your support!!!

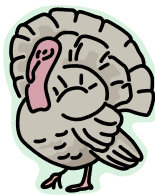


### REMINDER

#### Iowa Section Web Page and email address

If you have question, comments, etc. about the newsletter or meeting you can contact Janis Hochstetler, Section Secretary at 515-281-8858 or [janis@isualum.com](mailto:janis@isualum.com) or one other executive council members—their contact information is found elsewhere in the newsletter.

Check out our Web Page for current information about meetings and other activities. Mark us as one of your favorites or bookmark it on your web browser. The address is: <http://www.ift.org/sections/iowa/>. The National IFT Web site is <http://www.ift.org>.



*Newsletter prepared by Janis Hochstetler*

*Contributors: Lin Wang, Kristen Robbins, Aubrey Mendonca, Dave Raife, Chiew-Ling Chia*

**IFT Equal Opportunity Statement:** IFT accepts and adopts the concept of diversity which views society as a mixture of all backgrounds, each with a unique contribution. IFT seeks to retain and celebrate individual differences and there fore will not discriminate based on race, color, gender, sexual orientation, age, religion, national origin, disability or veteran status.

**IFT Disclaimer:** The opinions expressed in this newsletter are those of the contributors and do not necessarily represent the official position of IFT and should not be interpreted as such.

**IFT IOWA-SECTION EXECUTIVE COMMITTEE  
2005-2006**

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Bob Olson—[bolson@machlink.com](mailto:bolson@machlink.com)

# *Iowa Section IFT Meeting Thursday, November 17, 2005*

**JASPER...WINERY**

*518 West 3<sup>rd</sup> Street North*



*1425 West 19<sup>th</sup> Street South*

*Newton, Iowa*

Come join us for a tour of Jasper Winery ([www.jasperwinery.com](http://www.jasperwinery.com)) with a social hour including wine-tasting & discussion led by Jean Groben and Mason Groben. Then follow us to the Okoboji Grill to enjoy dinner and the night's program—read on for more details.

### *Schedule of events:*

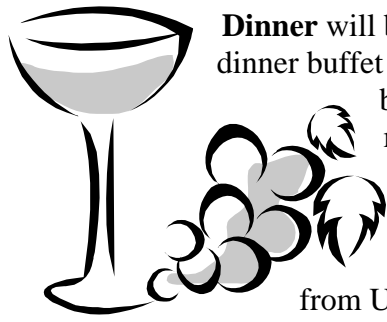
**Executive Council Meeting** 3:30 p.m. – 4:30 p.m. *at Winery*

**Tour of Jasper Winery** 4:30 pm – 5:00 p.m. *at Winery*

**Wine Tasting, Discussion & Social** 5:00 p.m. – 5:30 p.m. *at Winery*

**Dinner & Program** 5:45 p.m. – 8:00 p.m. *at Okoboji Grill*

**Jasper Winery Tour/Wine Tasting/Discussion/Social** will be at Jasper Winery, 518 West 3<sup>rd</sup> Street North in Newton. A tour of the winery operations will start at 4:30pm. The Grobens will lead discussion about the winery and wine tasting at 5:00pm. – you will be able to purchase bottles of wine at the winery.



**Dinner** will be held at the Okoboji Grill, 1425 West 19<sup>th</sup> Street South, in Newton. The dinner buffet includes a choice of entrée (honey glazed ham or marinated chicken breast); side dish (baked potato or shredded hash browns); vegetable medley, house salad, rolls, beverage (iced tea or coffee), and dessert.

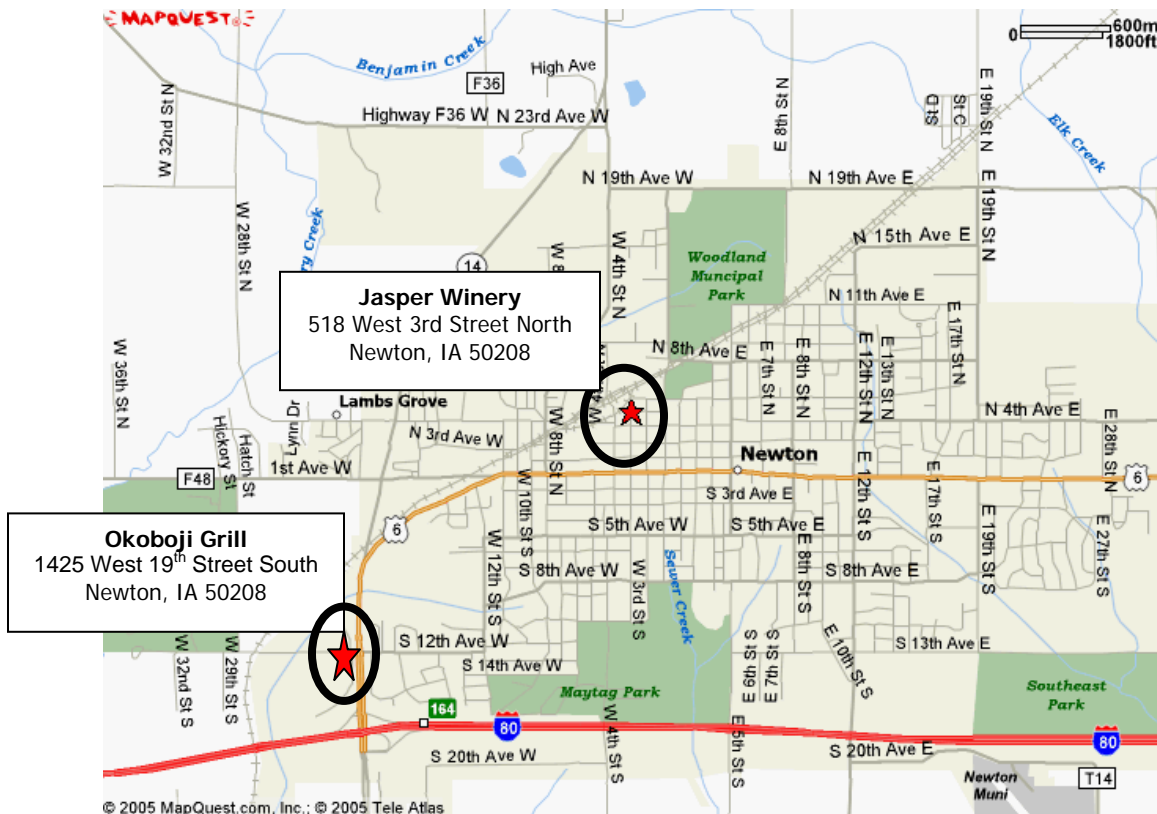
**The Program** will be given by Jean Groben, Owner of Jasper Winery and President of Iowa Wine Growers Association and Mason Groben, Winemaker, Jasper Winery (Mason has degrees in viticulture and enology from University of California-Davis): “Wine Production in the Midwest: Viticulture, Production and Marketing.”

Make **reservations** with Program Chair Aubrey Mendonca (email [amendon@iastate.edu](mailto:amendon@iastate.edu) or telephone **515-294-2950** –leave message or regular mail-see address below) by Thursday, November 10, 2005. **Please include names of each attendee and dinner entree preference (ham or chicken and baked potato or hash browns), tour attendance (yes/no) and if indicate student, member or guest. – See reservation form.**

**Dinner costs:** members or guests: \$20.00-on or before Nov 10, 2005, \$25-at the door. Students: \$10.00-on or before Nov 10, 2005, \$15-at the door. Make checks payable to: **Iowa IFT**. Send payments to: Aubrey Mendonca, Dept. of FSHN, ISU, 3399 Food Sciences Building, Ames, IA 50011.



## Directions to Jasper Winery and Okoboji Grill





**Iowa Section of the Institute of Food Technologists**  
**Minutes of the August 30, 2005**  
**Executive Council Planning Meeting**  
**Days Inn, Grinnell, Ames, Iowa**

**Executive Committee Meeting**

**Attendees:** Mark Love, Chiew-Ling Chia, Rachel Ollinger, Janis Hochstetler, Lin Wang, Kristen Robbins, Linda Svendsen, Terri Etzel, Lester Wilson, Bob Olson, Bob Bahn, Joan Randall.

1. Meeting Called to order at 4:00 pm by Love.
2. Each person introduced themselves.
3. Secretary's minutes were not reviewed.
4. Treasurers Report: Wang handed out the current month's Treasurer's Report. The current balance is \$6558.64

Love stated that the students activity support hand not been completely used from the 2004-2005 budget amount. Wang motioned and Wilson seconded that the balance of the student activity support be given to the Iowa State Food Science Club and will be used at the discretion of the club advisors for expenses incurred by members attending the national meeting this pass summer, with the amount being no more than \$800. Motion Passed.

Wang reported that he needs to know what if any changes in the budget for 2005-2006 are needed. He needs the information by Friday, September 2, 2005.

5. Program: The 2005-2006 program was discussed. Dates for meetings are:
  - a. September 15, 2005
  - b. November 17, 2005
  - c. February 16, 2006
  - d. April 20, 2006 – Suppliers Night

Bob Bahn, Dave Raife and Sam Beattie will be the committee for Suppliers Night. Bahn agreed to contact Raife and Beattie to get planning started. It was decided that the meeting will be held in Cedar Rapids.

6. Councilors report: Svendsen reported on the councilors meeting at the National IFT Meeting this past July. Many of the duties the councilors had have now been given to the executive committee and there was much discussion about the role councilors now have.

National dues will not be raised.

There was discussion of changing divisions to "Committees of Interest." There would be a different structure to the committees and there would be no dues and no officers. The National IFT Executive Council would vote on this in October 2005.

The counselors report is available on-line at [www.ift.org](http://www.ift.org).

7. Student Report: Ollinger and Chia reported that the Iowa State Food Science Club will be having a silent auction as a fundraiser in November– the money earned will be split 50/50 for the club and community service. The club will be asking IFT members to donate items for the auction.

September 26-30 is Food Safety Week and the club will have a booth on campus and has support from Wells Blue Bunny, the Iowa Beef Council and USDA/FSIS for their activities.

8. MFPC: Wilson, Etzel and Olson reported on the MFPC plans. There will be a Culinary Challenge again this year matching a research chef, food technologist and student together with 5 teams to compete in creating a new product with a new ingredient. The main program of speakers will revolve around global perspective of foods—what in the “world” do we eat. There is a need for volunteers to help out through out the conference and donated items for gift bags for speakers. Contact a committee member if you are interested. Minnesota has challenged the other sections to donate monies to support speakers in the amount of \$1000. The Iowa section will decide if we will donate at the September meeting.
9. Newsletter/ Secretary’s Report: Hochstetler reported that the NASA Food Technology Commercial Space Center will be closing December 31, 2005. Gina Hendricks, who works at the center set up our web page and keeps it up, will no longer be able to do so. Hochstetler will talk with Sherri Angstrom about taking over these responsibilities. Wang has offered to keep the web page up if Sherri can not. Hochstetler will report back at the September 2005 meeting. Robbins will be signing Sherri Angstrom’s time cards.
10. Other: Love reported that Cheryl Reitmeier invited us to have a table at Iowa State Food Science and Human Nutrition open house, October 6, 2005. Hochstetler motioned and Etzel seconded that we do participate. Motion passed. Love will coordinate the efforts with assistance from student members.

Meeting adjourned by Love at 5:30 pm.

Respectfully submitted,  
Janis M. Hochstetler  
Iowa Section IFT Secretary  
10/28/05



**Iowa-Section of the Institute of Food Technologists  
Minutes September 15, 2005  
Living History Farms - Des Moines, Iowa**

**Executive Committee Meeting**

**Attending:** Lin Wang, Chiew-Ling Chia, Janis Hochstetler, Mark Love, Kristen Robbins, Joan Randall, Bob Olson, and Aubrey Mendonca.

1. Meeting called to order at 3:30 pm by Robbins.
2. Secretaries Minutes from April 21, 2005 meeting were reviewed. Wang moved and seconded by Randall to approve the secretaries minutes. Motion passed.
3. Wang reported a balance of \$6,493.24. Discussion was held about the amount of funds to be given to the Iowa State Food Science Club from the remainder of the 2004-2005 budget for student support. Randall moved and Love seconded a motion for \$500 (remaining from 2004-2005 budget) to the Iowa State Food Science Club to be used at the discretion of the faculty advisors. Motion passed.

Randall and Olson will audit the treasurer's books.

The 2005-2006 budget was reviewed.

Randall moved and Hochstetler seconded approving the budget. Motion passed.

**Committee Reports**

1. Scholarships and Awards: Discussion was held about raising monies for the Iowa Industry Scholarship. Olson suggested to contact Scott Seibert to see he if would be willing to head up a committee for this scholarships.
2. Student Activities: Chia reported that the Iowa State Food Science Club will be having a silent auction as a fundraiser in November– the money earned will be split 50/50 for the club and community service. The club will be asking IFT members to donate items for the auction. Additionally items are being accepted for “handing out” during food safety week (September 26). Please send items to Dr. Mark Love.

***At 4:30pm the meeting was suspended so that members could go on the tours of Living History Farms. The meeting resumed at 5:45pm.***

3. MFPC: Olson reported on the upcoming MFPC- hosted by the Iowa Section, November 7-8, 2005 in Chicago. Terri Etzel is no longer on the planning committee; a new committee member from the Iowa section will be needed. A business sized card with information about the MFPC was handed out and will be placed on the tables for tonight's dinner.
4. Program: Mendonca reported that he is working on plans for the November meeting which is tentatively planned for the Jasper Winery in Newton. Also there will be door prizes tonight provided by Tony Pometto from the NASA Food Technology Commercial Space Center at Iowa State University. The Center will be closing at the end of the year.
5. Suppliers Night: Robbins reported that it was suggested to have students display posters of their research during suppliers' night. This idea will be passed on to the committee.

Lin motioned for adjournment, Olson second. Motion passed. Adjourned at 6:00 p.m.

### **Business Meeting**

Forty-five students and members attended the tour of the Living History Farms and joined for buffet dinner at the Iowa Welcome Center catered by the Iowa Machine Shed. The tour included the Flynn Mansion, Tangen Family Home and Greteman Brothers General Store with special mention of foods and nutrition during the 1870's- Victorian era. The tours began at 4:30 pm, with social hour at 5:30 pm and dinner at 6:30 pm.

The business meeting was conducted by Kristen Robbins and called to order at 7:20 p.m. All attendees introduced themselves and affiliation.

Door prizes were provided by NASA Food Technology Commercial Space Center at Iowa State University.

Olson reported on the upcoming MFPC in November.

Chia reported that the Iowa State University Food Science Club will be folding a Silent Auction Fundraiser in November and invite IFT members to donate items for the auction.

Mendonca reported that the November 17 meeting is tentatively scheduled for the Jasper Winery in Newton. Mendonca introduced the night's speakers, Ross Jabaay, Burke Corporation and volunteer at Living History Farms 1850 Farm and Janis Falk, Living History Farms 1850 Farm Supervisor. Ross' presentation was "Meat Curing in the 19<sup>th</sup> Century" and Janis' presented "The impact of Food Availability on 19<sup>th</sup> Century Heights." Each presentation was very informative.

Meeting adjourned by Robbins at 8:30 pm.

Respectfully submitted,  
Janis M. Hochstetler, Iowa Section IFT Secretary  
11/04/05



**IOWA SECTION IFT  
2004-2005 Budget and Actual Use  
2005-2006 YEAR BUDGET**

| <b>INCOME:</b>                        | <b>2004-05 BUDGET</b> | <b>2004-05 ACTUAL</b> | <b>2005-06 BUDGET</b> |
|---------------------------------------|-----------------------|-----------------------|-----------------------|
| Membership Dues                       | 2200                  | 2042                  | 2200                  |
| Dinner Meetings                       | 0                     | 0                     | 0                     |
| Suppliers' Night                      | 0                     | 0                     | 3000                  |
| Other (specify)                       |                       |                       |                       |
| Interest on savings/investments       | 40                    | 5.88                  | 20                    |
| Other (specify): Scholarship donation | 3000                  | 0                     | 500                   |
| <b>TOTAL INCOME</b>                   | <b>5240</b>           | <b>2047.88</b>        | <b>5720</b>           |
| <b>EXPENSES:</b>                      |                       |                       |                       |
| Chair                                 | 0                     | 0                     | 0                     |
| Secretary                             | 800                   | 865.16                | 900                   |
| Treasurer                             | 0                     | 426.80                | 0                     |
| Program: Dinner Speakers              | 100                   | 311.23                | 300                   |
| Seminar Speakers                      |                       |                       |                       |
| <i>Symposia/Meetings</i>              | 100                   | 65.40                 | 100                   |
| Awards:                               |                       |                       |                       |
| <i>IFT Iowa Scholarships</i>          | 1000                  | 1000                  | 1000                  |
| <i>Iowa Industry Scholarship</i>      | 1000                  | 0                     | 1000                  |
| <i>Science Fair and Service Award</i> | 1200                  | 160                   | 200                   |
| Travel grants to IFT Mtg.             | 0                     | 0                     | 500                   |
| Student Support                       | 1500                  | 500                   | 500                   |
| Student dinner subsidy                | 250                   | 360.85                | 400                   |
| Dinner Meetings                       | 0                     | 0                     | 0                     |
| Nominations & Elections               | 0                     | 0                     | 0                     |
| Membership Promotions                 | 50                    | 0                     | 0                     |
| Newsletter:                           |                       |                       |                       |
| <i>Printing</i>                       | 300                   | 515.56                | 600                   |
| <i>Postage</i>                        |                       |                       |                       |
| Social Events: Guest Night            | 100                   | 0                     | 100                   |
| Other (specify):                      |                       |                       |                       |
| Suppliers' Night                      |                       |                       |                       |
| Publicity                             |                       |                       |                       |
| Office expenses (misc.)               | 300                   | 304.34                | 400                   |
| Bank Checks                           | 0                     | 19.95                 | 0                     |
| <b>TOTAL EXPENDITURES</b>             | <b>5700</b>           | <b>4529.29</b>        | <b>6000</b>           |

If you have questions about this Treasurer's Report, please contact Iowa Section IFT Treasurer Lin Wang at Grain Processing Corporation, Phone: 563-264-4191 or [lin\\_wang@grainprocessing.com](mailto:lin_wang@grainprocessing.com).