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that feed the world

IOWA REGIONAL SECTION  
November 2010 Newsletter  
INSTITUTE OF FOOD TECHNOLOGISTS

Volume 10, Issue 2

November 2010

Meeting dates &  
locations for  
2010-2011

\*September 16,  
2010 – Grinnell

\*November 18,  
2010 – Ames

\*February 17,  
2011 – Amanas

\*April 7, 2011 – TBD

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Greetings from the Secretary

***Hello Iowa IFTers,  
It is already November, so that means our second meeting of the year is coming up soon. The tour will be at US Coffee and Tea and the meeting will be held at the Fire Creek Grill in Des Moines. The November meeting will also include a food and coat drive, so please bring non-perishable food items, or new and/or gently used coats, hats, mittens, and gloves. All donations will be given to a local charity to help those who need it to survive the winter. A raffle will be held for all who participate and prizes will be given!!! Thanks in advance for participating. Hope to see you there,***

***Kate Gilbert,  
Iowa IFT Section Secretary  
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**Bookmark the Iowa Section IFT web page @  
[www.ift.org/sections/iowa/](http://www.ift.org/sections/iowa/).**

Job Postings—Check out job postings or post job openings for your company. Jobs are still being posted!

Webpage Content—If there is something you want to post that is related to our section or you see something that needs to be updated please contact Kate Gilbert at: [kate\\_gilbert@grainprocessing.com](mailto:kate_gilbert@grainprocessing.com)



Institute of Food Technologists  
Iowa Section



**Remember to bring your new or gently used coats, mittens, hats and non-perishable food items to the meeting for the annual food and coat drive!**

**Plus, if you would like to donate to the ISU FOOD SCIENCE CLUB Silent Auction, items will be collected at the meeting!!**



## ISU Food Science Club News

\*We're seeing record-breaking club meeting attendance so far this semester! Social committee chairs are working hard to organize social events for club members to meet each other and become more involved in the club.

\*The Product Development team is very busy finalizing products for the IFT Product Development competition as well as the Developing Solutions for Developing Countries, also through IFT.

\*The College Bowl team is already practicing twice a week to be ready for the regional competition coming up next spring. Returning advisers for the team this year are Patricia Murphy and Byron Brehm-Stecher. If any Iowa section members have good ideas for questions related to current industry news and events or other food science topics, feel free to contact the team captain, David Manu at (dmanu6@iastate.edu).

\*The Silent Auction annual fundraiser will be held on December 9th. If your company would like to donate any items for the fundraiser, contact committee chair Lauren Ingebrand (linge@iastate.edu).

\*The VEISHEA Fudge fundraiser committee is developing a new fudge flavor! Current leaders are caramel, cookies and cream, and white chocolate raspberry. Stay tuned for delicious details.

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## **Iowa Section November Tour Background: US Coffee and Tea**

### **US Coffee & Tea**

- US Coffee and Tea Company has been serving central Iowa businesses, restaurants, coffee shops, churches, and hotels for almost 30 years. The coffee is roasted fresh daily in Des Moines and delivered throughout Iowa.
- US Coffee and Tea is proud to work with Des Moines chefs in formulating coffee blends to meet their menu's flavor profile. Chefs in training at DMACC's Iowa Culinary Institute use US Coffee.
- US Coffee and Tea coffee, hot chocolate, cappuccino, and smoothies are served at high school outdoor athletic events, rest stops along the interstate, automobile show rooms, hotel banquets, hair salons, country clubs, theaters, and athletic clubs.
- US Coffee and Tea is Iowa's distributor of Keurig single-serve coffee brewers, offering 120 flavors and variety of K-Cups.

## Iowa Section IFT November Meeting and Program

For the November meeting, we will be touring US Coffee and Tea and our meeting will be at the Fire Creek Grill.

- Date:** Thursday, November 18th, 2010  
**Location:** Des Moines, Iowa  
**Tour:** US Coffee and Tea (2401 Bell Ave, Des Moines, Iowa 515-202-8355)  
**Dinner:** Fire Creek Grill (800 S 50th St., Suite 110, West Des Moines, IA 50265, 515-224-0500)  
**Activities:** Food and Coat Drive and raffle drawing at the meeting

### Agenda:

- 4:15- 4:45 Exec Committee Tour of US Coffee & Tea  
 5:00- 5:30 Tour of US Coffee & Tea for IA section IFT members  
 5:00- 5:45 Exec Committee meeting at Fire Creek Grill  
 5:45- 6:30 Fire Creek Grill-Social Hour  
 6:30- 7:30 Dinner  
 7:30- 8:00 IFT meeting

### Directions to US Coffee & Tea, 2401 Bell Ave

I 235 West  
 Take exit 7 for 19<sup>th</sup> street  
 Merge onto Day Street  
 Turn left at Martin Luther King Jr Pkwy  
 Continue onto Fleur Drive  
 Turn right at Bell Avenue  
 Destination will be on the right

### Directions to Fire Creek Grill from US Coffee & Tea

Head West on Bell Ave toward SW 30<sup>th</sup> street  
 Turn Right at SW 30<sup>th</sup> street  
 Sharp left at George Flagg Pkwy  
 Turn right at Park Ave  
 Turn Right at S 1<sup>st</sup> St/WS 63<sup>rd</sup> St  
 Turn Left at Railroad Ave  
 Take the 3<sup>rd</sup> Left onto Fuller Rd  
 Turn left at George Mills Civic Pkwy/Mills Civic Pkwy  
 Turn Left at S 50<sup>th</sup> Street  
 Destination will be on right



## Iowa Section IFT Minutes of the September Executive Committee Meeting

September 16, 2010 at Phoenix Café and Inn in Grinnell, Iowa

Members present: Belknap, Canon, Gilbert, Leas, McCarty, Randall, and Wilson

1. Introductions were made.
2. The secretary's report was presented. The minutes were approved without corrections. Gilbert announced that the IFT Annual Report had been filled out and the website is up-to-date.
3. A new member list has been generated. Gilbert contacted National IFT and was able to find the reporting system for Iowa Section IFT member lists. It is not a convenient system, but it should be possible to keep the membership list current.
4. Swaim was not present for the treasurer's report, but a report was sent after the meeting. Balance 08-31-10 = \$15,492.50 with \$2025.00 of the balance being available for scholarships. The increase in funds was due to membership deposits. No approval was made.
- 5a. Wilson reported that National IFT is changing their distinguished lectureship program and will no longer provide funding. The benefit is supposed to be a wider list of speakers to choose from. Wilson was not sure if there will still be the \$500 available for Bob Gravani to speak in February or April, but will look into it.
- 5b. Randall reported on programming for the year. The November meeting will be held in the Ames area with 3 possibilities for tours being Caremoli, Barilla, or Anderson Erickson. Randall emailed at contact at Caremoli and the contact was going to check with the plant manager, but the tour did not seem likely to happen. For the February meeting, the Millstream Brewery in the Amanas, the cheese plant and the Tuscan Moon restaurant near Kalona, and the General Mills cheerios facility in Cedar Rapids were all discussed as options. A Heinz soup plant was also mentioned as an option. The April meeting will no longer be at the Sparboe plant because the plant will be under construction in the spring. Oskaloosa Farms egg cracking facility will be investigated by Randall.
6. Final comments and recommendations for the April meeting and supplier's night were made. The general consensus was that every other year is sufficient and we need more people to walk the floor. Ideas on ways to recruit more people to come to the show will need to be brainstormed before the next supplier's night.
7. For ISU Food Science Club news, McCarty reported that the product development team tied for 4<sup>th</sup> place at National IFT. Another product development team qualified for the national AACC competition and will be attending their annual meeting in Savanna, Georgia in October. The Club had their first meeting in September with good attendance including 7 new freshmen.
8. Scholarships for next year were discussed briefly. We have \$2025 for scholarships and will continue to encourage students to apply and spread the money to as many worthy candidates as possible.
9. This year we had 5 or 6 members participate in the Iowa State Fair food judging. Gilbert made comments about the experience and pointed out that some classes are more rewarding to judge than others. It was noticed that other judges do not critique like food scientists do. It may be good to look into the Iowa Section IFT sponsoring a class at the Iowa State Fair.
10. Wilson reported that we will need nominations for officers for next year and to think ahead for possibilities.
11. A coat and food drive will be held at the November meeting again this year for our community service activity. Belknap volunteered to coordinate the drive and find a charity close to the meeting to take the donations.
12. The motion to adjourn was moved by Gilbert and seconded by Randall and the meeting was adjourned.

Submitted by: Kate Gilbert, Iowa Section IFT Secretary

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