

IFTSA College Bowl Competition

RULES AND GUIDELINES

BACKGROUND

Since 1985, the Institute of Food Technologists Student Association (IFTSA) College Bowl Competition has tested the knowledge of student teams from across the United States in the following areas: food science and technology, the history of foods and food processing, food law, and general IFT/food-related trivia. The College Bowl is designed to facilitate interaction among students from different universities and provides a forum for students to engage in friendly competition.

Teams for IFT Student Chapters compete in area competitions within the eight geographical areas of IFTSA prior to the IFT Annual Event. The winning teams from the eight areas then compete in a final competition at the IFT Annual Event.

PURPOSE

The objectives of this competition are to facilitate interaction among students from different universities, to stimulate student's desires to accumulate and retain knowledge, and to provide a forum for universities to engage in friendly competition – in other words – to have a good time.

SPONSOR

Nestlé PURINA

SCHEDULE

Date	Event
February 1, 2023	Application submission deadline
One week before regional competition	Team roster due to College Bowl Chair
March – April 2023	Regional Competitions
July 1, 2023	Bid applications due
July 16 - July 19, 2023	IFT FIRST in Chicago, National Competition

1. The Student Association of the Institute of Food Technologists (IFT) will conduct the competition from September 1 to the IFT Annual Event.
2. Regional Competitions will be conducted during the competition time frame as determined by the Regional Competition Coordinators and the College Bowl Events Committee.
3. The competition finals to determine the National Champion will be conducted at the IFT annual event (usually in June/July).
4. If a Regional Competition cannot be held in person, the Regional Competition Coordinator, in consultation with the Chair of the competition, will select the area's representative to the competition. The selection of the area's representative may occur using one of the following methods.
 - a. The Regional Competition may occur virtually.
 - b. A Regional Competition will not occur. The College Bowl Events Committee will select a team to travel to the national competition in one of the following ways:
 - i. The committee selects a team based on self-identified attributes.
 - ii. The universities in the region vote to select a team.
 - iii. Random selection occurs via “drawing out of a hat” or similar.
 - iv. Last year's regional winning school will be sent to the national competition again.
 - v. All schools from an area will submit up to 2 students to create a combined college bowl team for that region that will compete at the national level.
 - vi. Other methods of selecting the area's representative will be considered by the College Bowl Events Committee and College Bowl Chair.
 - c. In the event that one or multiple teams cannot attend their Regional Competition, a virtual competition may be held at the discretion of the College Bowl Chair and Vice President of Competitions.
5. If the National Competition cannot be held in person, it may be held virtually. Adaptations to allow the event to continue virtually will be considered by the College Bowl Chair and Vice President of Competitions.

6. In the event that the College Bowl Competition is not held either virtually or in person, all registered College Bowl participants that were eligible in the current year will also be eligible in the following year regardless of student status.
 - a. This statement does not apply to those who are ineligible due to other factors including but not limited to, current or previous College Bowl Chair status, member of the College Bowl Task Force, or playing member of a winning College Bowl team.

ELIGIBILITY

1. Each contestant must be a member of IFT and be registered as a student at the university they are representing during the Fall semester prior to the competition (If participating in the finals at the IFT Annual Meeting, the student need not be currently enrolled).
 - a. The classification of each student (undergraduate or graduate) will be determined by their status during the Fall semester prior to the competition
2. Teams can include members from multiple institutions; however, each school may only be represented on one roster and participants may only compete on one team.
 - a. Example: If members from School A and School B form one team, no other teams can include members from School A or School B.
 - b. Teams containing members from multiple IFTSA regions will be assigned to a regional competition by the competition chair.
3. All members listed on the roster of the Institute championship team for the IFT annual event will be ineligible to compete on future teams. Therefore, a competing contestant can win only one College Bowl Competition.
4. The College Bowl Competition Chair is ineligible to compete on current and future College Bowl teams. The Regional College Bowl Chair is ineligible to compete during the competition season in which they are serving as chair.

Teams

1. Each team may consist of an unlimited number of team members. At any given time, four members can compete, but no more than two of those competing team members may be graduate students.
2. One (1) member shall be elected team captain and retain that position throughout the competition. Captains may change between the regional and national competition
3. Excluding the team captain, teams may rotate players as they see fit in between rounds (but not within one round).
 - a. The team captain may not substitute an alternate for themselves at any point during the competition.
4. In the event that any team member (including the team captain) is deemed unable to continue play due to illness or any other serious incident, an alternate team member

may be seated. If the captain is deemed unable to continue play, the team may select a new captain.

5. Individuals who did not compete in the Area Competition may compete on a team in the National Competition.

REGIONAL COMPETITIONS

Application

Each team must submit the required materials to the submission portal on IFT.org by February 1, 2023.

1. General team information
2. 25 College Bowl Questions
 - a. Each team must submit 25 new questions to the College Bowl question pool. Questions will be submitted in electronic format via the submission portal.
 - b. Questions shall be written in the style of past competitions, either marked as toss up or bonus, and fall within the categories listed in the *Questions* section below.
 - c. Teams may not use questions they submitted in previous years.
 - d. Each year the College Bowl chair will release a list of categories that are currently lacking in order to help even out the types of questions submitted to the question bank. Please try to create questions in these areas.

An electronic membership verification form for each team with all possible participating College Bowl members must be submitted one week prior to area and national competition start dates via email to the College Bowl Competition Chair (iftsa.cbc@gmail.com).

Competition Procedures

1. Host institutions will be chosen based on bid submission.
 - a. If more than one (1) institution submits a bid, the region will vote on the location.
 - b. All bids will be put up for approval from the region.
 - c. See bid application for additional details.
 - i. A letter of support from the hosting department needs to be included to indicate the department is willing and able to host.
 - d. Rotational systems may be implemented at the regions discretion.
2. Dates of competition will occur in March/April and will be decided on by the host and College Bowl Events Committee.
3. Hosts will be awarded a \$500 stipend to help facilitate the competition
4. Hosting requirements and guidelines:

- a. Host institution must designate a Regional College Bowl Coordinator, who will sit on the College Bowl Events Committee. This individual will be ineligible to participate in the Regional Competition.
 - b. There must be a space of proper size to fit approximately 50 people with AV equipment (i.e. buzzers, sound system, projectors).
 - i. Buzzers can be provided by IFTSA if necessary.
 - c. Lunch must be provided for all competitors and volunteers.
5. If there are no host bids received by July 1st of the year prior to the competition, the regions without hosts will be shifted to a virtual format.

NATIONAL COMPETITION

Prior to competing in the National College Bowl Competition, all participating team members must read and sign the Acknowledgement of the Rules, thereby accepting and being held responsible for the official rules during game play. Failure in following the rules may lead to disqualification of the whole team.

For the national competition, the following procedures will be followed.

1. A preliminary competition will take place during the IFT Annual Event.
2. The preliminary competition will consist of matches 1-6 from the double elimination diagram in the end of this rules set. These matches will be closed to the public and will be used to determine which teams will be placed in the winning and losing brackets for final competition play during the Annual Event. An identical 20-question set will be used in matches 1-4 and 5-6.
3. Only competing members of teams, judges, scorekeeper, timekeeper, moderator, IFT staff, venue staff, IFTSA VP of Competitions, and College Bowl Chair will be allowed in the preliminary competition room.
4. All subsequent matches will use a different 20-question set. These final matches will take place during the Annual Event and the general public will be invited.

EQUIPMENT

Game Panels

An appropriate device, buzzer, bell and/or light, etc. will be used to determine the first contestant to respond to a question.

Scoring Device

Scores will be recorded on an electronic display. It should be visible to everyone concerned.

QUESTIONS

1. All Student Association Officers are charged with the responsibility for developing questions. Likely sources of questions are:
 - a. Department Heads and/or professors of approved programs
 - b. IFT Divisions leaders
 - c. Any knowledgeable IFT member of your acquaintance such as one of your Regional Section Officers.
2. Questions will be categorized according to the following categories:
 - a. Food Analysis and Quality Assurance
 - b. Food Chemistry
 - c. Food Laws and Regulations
 - d. Food Safety, Toxicology, and Microbiology
 - e. Nutrition
 - f. Food Packaging
 - g. Food Processing and Engineering
 - h. IFT Knowledge
 - i. Food History and Trivia Biotechnology
 - j. Carbohydrates, Cereal, and Grain Products
 - k. Culinology and Baking
 - l. Sensory and Consumer Science
 - m. Dairy Products
 - n. Fruit and Vegetable Products
 - o. Meat, Fish, Poultry and Egg Products
 - p. Alcoholic and Nonalcoholic Beverages
3. Questions will also be classified as toss-up or bonus questions. Classification of the questions will be left to the discretion of the Chair of the competition.
4. Multiple-choice questions, like other toss-up questions, may be answered at any time while the question is being read. Participants may respond with the letter of the answer or the actual answer. If a participant wishes to venture a guess before all of the answers are read the judges will determine the correctness of the answer.
5. As mentioned previously, each year the Chair will submit a list of categories in which questions are most needed. Please submit questions in these areas.
6. All questions will be reviewed by an expert panel prior to use in competition.
7. Twenty questions per round will be randomly selected from the entire question bank and placed into game packets by the Chair of the competition.
8. There will be no true/false or yes/no questions.
9. Every fifth question will be a bonus question.
10. All will be read in order by the moderator.
11. In addition, several substitute questions will be placed in the game packet in case a question is thrown out.

OFFICIALS

Eligibility

Faculty who serve as a coach for their school's College Bowl team will be ineligible to act as an official at Regional or National College Bowl Competitions in which their team competes and may not act as a reviewer of questions.

Moderator

The IFT President may be invited to serve as moderator at the finals. The moderator will be responsible for running the contest. They will ask the questions and designate contestants to answer; the moderator may not challenge an answer. The contestants or one of the judges may challenge an answer, in which case the moderator will immediately refer the matter to the judges for a ruling. It is recommended that the moderator be selected from academia. Moderators may be selected from schools in the area in which the meeting is occurring. It is also the responsibility of the moderator to ensure that no filming, taping, or writing down of questions occurs during the competition.

Judges

There shall be a minimum of two judges and preferably three judges. They must be knowledgeable in Food Science and may be university faculty, as long as they are not from a university having a team in the competition or may be a qualified representative from industry or a regulatory agency. The decision of judges on all challenges shall be final. One of the judges will be selected as an "Over viewer" and will be responsible for taking notes on question quality and accuracy. These notes will be collected by the College Bowl Chair, and changes will be made to the question database.

Score Keeper

The score keeper will keep track of points awarded or subtracted on the scoring device. The Competition Chair will appoint the score keeper. Challenges of the score keeper's accuracy will be referred to the judges, whose ruling will be final.

Timekeeper

The timekeeper will be appointed by the College Bowl Competition Chair. The timekeeper will keep track of the time between the final reading of the questions (up to two readings) and the initiation of the team's answer by the team captain. The timekeeper will also keep track of the time elapsed between the contestant's buzz and the initiation of their answer (for toss-up questions). Challenges to the timekeeper's accuracy will be referred to the judges, whose ruling will be final.

PROCEDURE OF PLAY

Order of Team Play

1. Teams will be selected by a lottery into brackets. A double elimination bracket design will be followed throughout the competition.
2. After the completion of each match, the winning and losing teams will be placed into their appropriate new bracket spots following the double elimination diagram.
3. Teams will compete until they have been defeated twice (double elimination) and a champion is declared.

Starting the Match

1. Teams will be assembled and seated at their respective panels. Before play begins for each match, the team captain shall declare themselves to the moderator.
2. The audience will be asked by the moderator to refrain from filming, taping, or writing down any questions asked during the competition.
3. The question packet will be opened by the moderator and at their signal, the match will begin.
4. The moderator will read each question until a contestant activates the buzzer device.
 - a. The contestant has five (5) seconds to initiate an answer.
 - b. If the answer is correct, the answering team will be credited four (4) points.
 - c. If the answer is incorrect, the answering team will be penalized two (2) points, and the opposing team will be given five seconds to initiate an answer upon a rereading of the question. If the answer given by the opposing team is incorrect, that team will also be penalized two (2) points.
 - i. If at any point during answering the question a wrong answer is given, the answer will be deemed incorrect. Clarification may be given or requested but must remain accurate.
 - ii. If the moderator fails to re-read the question for the opposing team, then that team's captain will be given the choice to either receive no points for this question and continue play or throw out the question and replace it with a new question.
 - d. If an attempt to answer a question is not made within five (5) seconds after the moderator has finished reading the question, the answer will be read; if applicable, the bonus question will be delayed until a question has been correctly answered.



5. Every fourth question, if answered correctly, will have a four-point bonus question attached; otherwise, the bonus will be delayed until a question is answered correctly. If a situation arises where two bonus questions are back-to-back, the second bonus question will be delayed until at least one question is answered correctly after the first bonus question. [Example: Question #4 is answered incorrectly. Question #5, the 1st bonus question, will be delayed till the next question is answered correctly. Question #6, #7, and #8 are also answered incorrectly. Question #9 is answered correctly, so the first bonus question, question #5, is attached to question #9. Question #10, the 2nd bonus question, will be delayed and attached to the next correctly answered question. Question #11 is answered correctly, so the second bonus question #10, will be attached to it. In the event that question #19, before the final bonus question #20, is answered incorrectly, further questions will be asked until a team answers one question correctly. This team will then get the opportunity to answer the final bonus question, #20. Thus, it is possible that more than 20 questions will be read in a match.]
 - a. Scoring of the bonus will be all or nothing – i.e., four (4) points or zero (0) points.
 - b. Conferring among team members will only be permitted on bonus questions, and team members may use pencil and paper to calculate answers. Conferring among team members is not allowed on toss-up questions.
 - c. Team members will not be allowed to use calculators.
 - d. Bonus questions will be read twice.
 - e. An answer must be initiated by the team captain no later than immediately after "time" is called. "Time" will be called fifteen (15) seconds after the second reading of the question.
 - f. Incorrect answers will not be penalized.
 - g. Bonus questions not answered, or answered incorrectly, are NOT referred to the opposing team.
6. A team captain or the moderator may call "timeout" for clarification of a rule or question, or to allow for an unexpected complication.

Completing the Match

1. The moderator will ask questions until the packet is completed.
2. At the end of the match, the team with the highest score will be declared the winner.
3. If a tie results, a tiebreaker set of three (3) questions will be asked and a winner declared, unless there is still a tie, in which case additional tiebreaker sets will be asked until one team is the winner.
4. Once a winner has been declared by the moderator, protests or challenges will not be considered.

Challenges of Questions and/or Answers

1. Any challenges of questions or answers must be made by the team captain only at the time a particular incident occurs. The judges will consider the challenge; their decision will be final.
2. Any judge may also challenge a question or answer. The moderator may not.
3. If the challenge is granted and the judges decide that the team's original answer was correct, 4 points will be awarded to the answering team. If the challenge is not granted, points will be deducted or awarded as originally decided by the judges. Judges have the ability to throw out a question at their discretion and no loss or gain of points will occur.
4. Judges may use electronic devices to verify answers.

AWARDS

The winning team at the IFT Annual Event will be declared the College Bowl National Champion and will receive all awards and honors associated with the title.

Placement	Award
1 st place	\$1000 Travel reimbursement to IFT FIRST up to \$1500 total per team
2 nd place	\$750 Travel reimbursement to IFT FIRST up to \$1500 total per team
3 rd , 4 th , 5 th , 6 th , 7 th , 8 th place	Travel reimbursement to IFT FIRST up to \$1500 total per team

NOTES

- The enforcement and review of these Rules and Guidelines will be the responsibility of the IFT Student Association Board, with the Chair of the competition acting as coordinator.
- Changes in these Rules and Guidelines may be made by the IFT Student Association Board. These Rules and Guidelines should be reviewed annually, and the appropriate revisions, if any, made.
- Any competitor that does not follow the IFT Event Code of Conduct will risk being disqualified.

Appeal Process:

An appeal process should be put into place for any rule infractions that may occur during **any** of the IFTSA competitions, which is as follows:

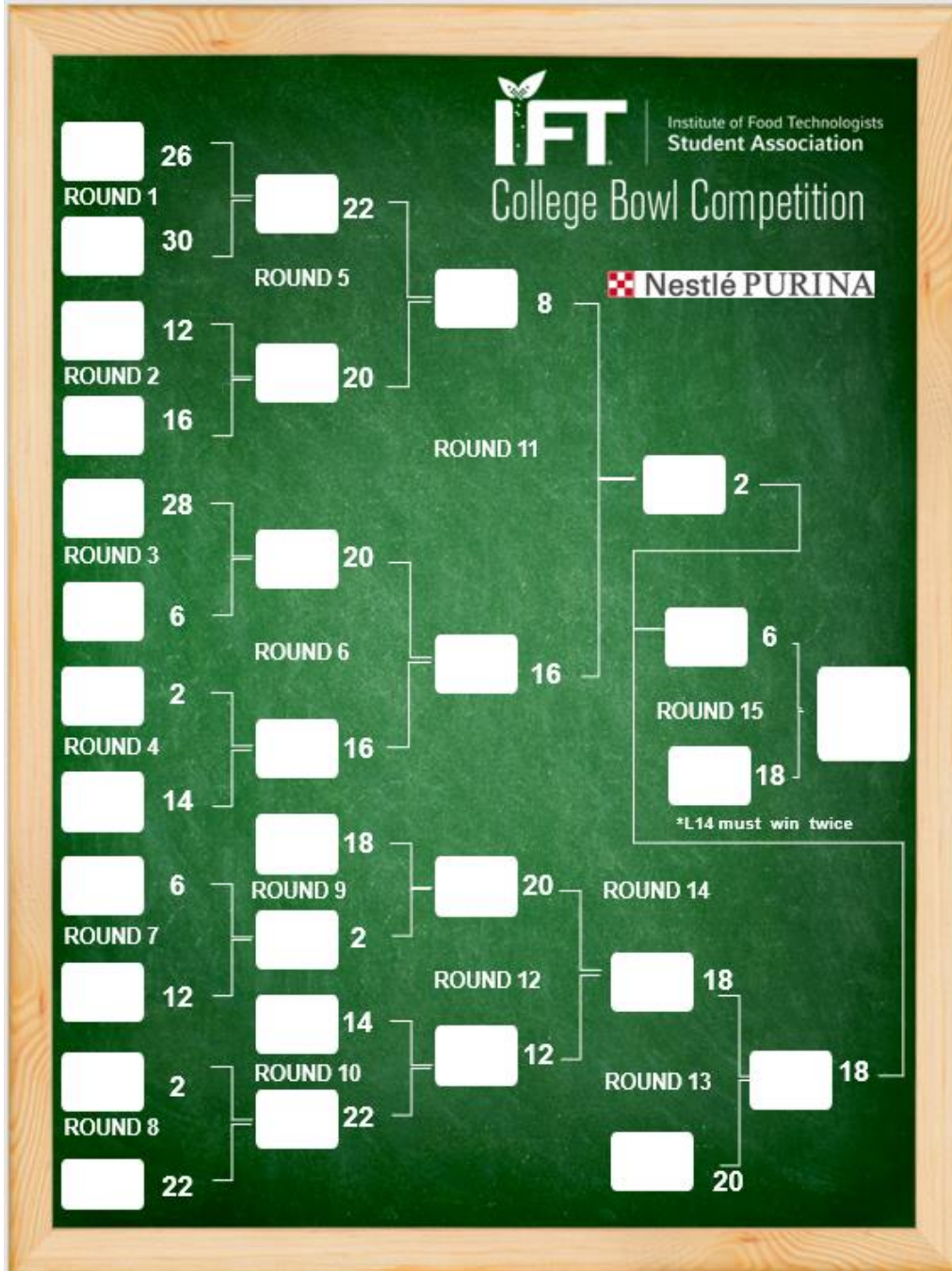
Once a rule infraction is found, the Competition Chair will be allowed to present a report to the judges, and the team captain/contestant will be allowed to defend their actions to the judges in a sufficient amount of time. The judges will then be left alone to make the decision as to the fault, and if guilty, the severity of penalty, if any. After the decision is made, they will notify both the Chair and the team captain. The judges' decision will be final.

QUESTIONS

Please contact the College Bowl Competition Chair via email at iftsa.cbc@gmail.com



EXAMPLE DOUBLE ELIMINATION BRACKET





COLLEGE BOWL TEAM MEMBER VERIFICATION FORM

College Bowl Team Member Verification Form

University:

Area/Region:

Full Name	IFT Member #	Email	Graduate or Undergraduate	Team Captain?
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REGIONAL HOT BID FORM



IFTSA Regional College Bowl Host Bid

Institute of Food Technologists
Student Association

Host Institution

Location

Regional College Bowl Coordinator Name

Coordinator Email

Phone Number

Please select your IFTSA region:

- Central Atlantic Area
- Midwest Area
- North Atlantic Area
- North Central Area
- Pacific Northwest Area
- Pacific Southwest Area
- South Central Area
- Southeast Area

Regional College Bowl Coordinator Signature

Date



University Representative Name (i.e. chapter advisor)

Representative Signature

Date

The following document are required to consider this bid:

- A letter of support from the department indicating that your institution will be willing and able to host.***

Please email this completed form and other materials to the Vice President of Events and Experiences iftsa.vpevents@gmail.com